

# **DRONACHARYA PG COLLEGE**



**A REPORT ON**

**SPECTRUM-2023**

**(A ONE-DAY SUMMER CAMP)**

**(21<sup>st</sup> JULY, 2023)**



**Coordinator :- Mr. Anish Korla**

**Mrs. Meghna Pathania**

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# **DRONACHARYA POSTGRADUATE COLLEGE OF EDUCATION**

*"Where knowledge is created ,not Just Communicated."*

## **VISION OF THE COLLEGE**

**DRONACHARYA** envisions to nurture and train pupil-teachers with ethical values, vibrant knowledge and professional skills, so that they become a useful instrument in the national development and peace.

## **MISSION OF THE COLLEGE**

Total commitment to excellence in education and research with Holistic concern for quality of life, environment and ethics, to engender this, **DRONACHARYA** has a passionate, enthusiastic, innovative and dynamic workforce where in individual has been chosen on the basis of his/ her talent and aptitude irrespective of age & designation.

## **ABOUT THE ONE-DAY SUMMER CAMP**

A One-day summer camp , **SPECTRUM 2023** for 8<sup>th</sup> to 10<sup>th</sup> class students commenced in **DRONACHARYA PG COLLEGE OF EDUCATION, RAIT**. The theme for the one-day summer camp is **'Youth Leadership, Engagement, Empowerment and Transformation'**. The summer camp focuses on experiential learning through fun filled recreational and enriching activities. The summer camp seeks to equip students with skill sets to become creative, dynamic, productive, confident individuals and achieve happiness, health and success in life. It is a perfect opportunity for students to learn independence ,decision-making ,social and emotional skills, confidence building and values all in an atmosphere of creativity and enrichment.

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## **OBJECTIVES (SPECTRUM-2023)**

- ❖ To provide unique opportunities of learning to students.
- ❖ To provide Exposure to wide range life skills.
- ❖ To provide platform for active engagement of students.
- ❖ To emphasize on activity based joyful learning.
- ❖ To develop skills and confidence among students.
- ❖ To establish community linkages and nurture rural students.

## **ABOUT THE ONE-DAY SUMMERCAMP**

### **❖ THE METHODOLOGY**

- Fun activities and Role plays
- Lectures and discussions
- Yoga Practice for Holistic health
- Dance

### **❖ CRITERIA FOR THE OUTSTANDING PARTICIPANT AWARD**

- Maximum Participation in an activity
- Attendance/Regularity
- Conduct in the camp

## **OUTCOMES EVALUATION METHODS**

### **1. Rapporteurs:- Mr. Shashi Kumar**

A comprehensive report on the one-day summer camp with photographic evidences and out comes achieved will be prepared by the Rapporteurs.

**2. Feedback Proforma:-** Feedback Proforma filled by the participants to be evaluated for the outcomes evaluation.

# PROGRAMME LAYOUT

## FOR

# ONE DAY SUMMER CAMP

21<sup>ST</sup>, JULY, 2023

<b>Topic</b>	<b>Resource Person</b>	<b>Time Duration</b>
<b>Yoga &amp; Meditation for Mental &amp; Physical Well Being</b>	Mr. BS. Pathania (Executive Director)	10:05 -10:30 AM
<b>Goal Setting</b>	Mr. Rajesh Rana (HOD- BCA)	10:30-10:50 AM
<b>* Inaugural Ceremony*</b> Introduction Lighting of the lamp Floral welcome & Badge Welcome address  Introduction and their  Future Dream	Welcome Address by Sh. B.S Pathania (Executive Director)  School Students	10:50- 11:20 AM
<b>Self Discovery and Awareness</b>	Mrs. Meghna Pathania (TPO)	11:20 – 11:50 AM
<b>FUN ACTIVITY</b>	Mrs. Meghna Pathania Mr. Anish Korla	11:50 – 12:20 NOON
<b>Time Management, Mantra 4 Success</b>	Mr, Mukesh Sharma (HOD-BBA)	12:20 – 12:40 PM

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<b>Activities</b>	<b>Resource Person</b>	<b>Time Duration</b>
<b>Short Break</b>		12:40 to 12:50 PM
<b>Power of Communication</b>	Mr. Anish Korla (Asst. Professor B.Ed.)	12:50to 1:10 PM
<b>Motivational Stories (Businessmen Vedio)</b>	Mr. Rajat (Asst. Professor BBA)	1:10to1:30 PM
<b>LUNCH BREAK</b>		1:30 to 2:00 PM
<b>IT &amp; Its Importance for Students</b>	Mr. Ranjan (Asst. Professor BCA)	2:00 to 2:20 PM
<b>FUN ACTIVITY</b>	Mrs. Meryica (Asst. Professor) Ms. Vishakha (Asst. Professor)	2:20 to 2:40 PM
<b>Brain Science &amp; Memory Management</b>	Mr. Atul Rana (Asst. Professor BCA)	2:40 to 3:00 PM
<b>Feedback from Students</b>		3:00 to 3:10 PM
<b>Experience sharing session</b>	Dr. B.S Pathania (Executive Director)	3:10 to 3:20 PM
<b>Submission of feedback Proforma</b>	Mrs. Anuradha	3:20 to 3:30 PM
<b>Certificate &amp;Prize distribution</b>	Mrs. Meghna Pathania Dr. B.S Pathania	3: 30 to 3:50 PM
<b>Vote of Thanks</b>	Mr. Shashi Kumar	
<b>National Anthem</b>	Mr. Anish Korla	
<b>Group Photograph</b>		

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# **DUTY CHART**

<b>Sr. No</b>	<b>Activity</b>	<b>Teacher Coordinators</b>	<b>Signature</b>
1.	<b>Stage Coordinator (Inaugural &amp; Valedictory)</b>	Mr. Anish Korla	
2. 3.	<b>Seating Arrangement Refreshment</b>	Mr. Ranjan Choudhary Mr. Gurvinder	
4.	<b>Badge, floral welcome &amp; felicitation</b>	Mrs. Shalini Sharma	
5.	<b>PA System/projector</b>	Mr. Kuber Rana	
6.	<b>Photography/videorecording</b>	Mr. Balsher	
7.	<b>Registration of the students</b>	Mrs. Kusum Pathania Mrs. Anuradha Mrs. Parul Sharma	
8.	<b>Feedback Form &amp; collection</b>	Mr. Anish Korla	
9.	<b>Certificates writing and Prize Distribution</b>	Mrs. Kusum Pathania Mrs. Anuradha Mrs. Parul Sharma	
10.	<b>Whats app Group &amp; Phone Call</b>	Mr. Shashi Kumar	
11.	<b>Report Writing</b>	Mr. Shashi Kumar	
12.	<b>Press Release</b>	Mr. Abhishek Sharma(Hindi) Mr. Anish Korla(English)	
13.	<b>Social Media Updates</b>	Mr. Shard Verma	
14.	<b>PPT Slide, Certificates</b>	Mr. Rajesh Rana, Mr. Shard Verma	
15.	<b>Communication skills And Extempore</b>	Mr. Anish Korla	
16.	<b>Session on Effective Goal Setting</b>	Mr. Rajesh Rana	

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## **Note:**

- **Evaluation of the task will be carried out by the Resource Person of that Particular activity and the result will be handed over to evaluation committee timely.**
- **Procurement of the items if any for the activity is the responsibility of the resource person and receipt/bill of the items procured to be kept.**

# LIST OF PARTICIPANTS

Sr.NO	Name	Father's Name	Name of School	Class
1.	Sumit	Sh. Ashok Kumar	GSSS Charri	9 <sup>th</sup>
2.	Kashish	Sh. Anil Kumar	GSSS Charri	9 <sup>th</sup>
3.	Shagun	Sh. Bal Swaroop Kumar	GHS Ladwara	9 <sup>th</sup>
4.	Tanvi	Sh. Vinod Kumar	GHS Ladwara	9 <sup>th</sup>
5.	Kashish	Sh. Amar Das	GSSS Durgella	9 <sup>th</sup>
6.	Sejal	Sh. Vinod Kumar	GHS Nerti	10 <sup>th</sup>
7.	Palak Choudhary	Sh. Ashwani Kumar	GHS Ladwara	9 <sup>th</sup>
8.	Ishita	Sh. Krishan Kumar	GHS Prei	10 <sup>th</sup>
9.	Yatin Kumar	Sh. Rajinder Kumar	GHS Prei	10 <sup>th</sup>
10.	Shreyansh	Sh. Shayam Sharma	GSSS Shahpur	9 <sup>th</sup>
11.	Divyanshi	Sh. Vinod	GHS. Prei	9 <sup>th</sup>
12.	Radhika	Sh. Raman Kumar	GHS Bhanala	9 <sup>th</sup>
13.	Kanika	Sh. Sushil Guleria	GHS Bhanala	9 <sup>th</sup>
14.	Riya Choudhary	Sh. Virender Kumar	GHS Prei	9 <sup>th</sup>
15.	Sejal Sharma	Sh. Chetan Sharma	GHS Nerti	9 <sup>th</sup>
16.	Gurpreet	Sh. Ranjeet Singh	GHS Bhanala	9 <sup>th</sup>
17.	Nandini	Sh. Sanjeev Kumar	GHS Bhanala	10 <sup>th</sup>
18.	Priyanka	Sh. Ashwani Kumar	GHS Nerti	9 <sup>th</sup>
19.	Shibansh	Sh. Onkar Singh	GSSS Durgella	9 <sup>th</sup>
20.	Tanuja	Sh. Chuhru Ram	GHS Bhanala	10 <sup>th</sup>
21.	Sahil	Sh. Pawan Kumar	GHS Bhanala	10 <sup>th</sup>
22.	Garima	Sh. Rajeev Kumar	GHS Ladwara	10 <sup>th</sup>
23.	Mehak	Sh. Arjun Singh	GHS Ladwara	10 <sup>th</sup>
24.	Priyanka	Sh. Ashwani	GHS Nerti	10 <sup>th</sup>
25.	Arman	Sh. Nerotam Singh	GSSS Durgella	9 <sup>th</sup>
26.	Aryan	Sh. Ravinder Kumar	GSSS Sehwan	10 <sup>th</sup>
27.	Sujal	Sh. Ravinder Kumar	GSSS Sehwan	10 <sup>th</sup>
28.	Jhanvi	Sh.	GSSS Bhali	10 <sup>th</sup>
29.	Sangeeta Kumari	Sh.	GSSS Bhali	10 <sup>th</sup>
30.	Khushi	Sh. Pankaj Chouhan	GSSS Shahpur	8 <sup>th</sup>
31.	Keshav	Sh. Tilak Raj	GSSS Shahpur	9 <sup>th</sup>
32.	Arushi	Sh. Uttam Chand	GSSS Shahpur	9 <sup>th</sup>
33.	Smriti	Sh. Ranjeet Singh	GSSS Shahpur	9 <sup>th</sup>
34.	Samriti	Sh. Vijay Kumar	GSSS Shahpur	9 <sup>th</sup>
35.	Harshit	Sh. Harjeet Singh	GSSS Shahpur	10 <sup>th</sup>
36.	Akanksha	Sh. Avkash Kumar	GSSS Shahpur	10 <sup>th</sup>
37.	Niyasha	Sh. Ravinder Kumar	GHS Nerti	9 <sup>th</sup>
38.	Kanika	Sh. Ravi Kumar	GSSS Rait	9 <sup>th</sup>
39.	Harshit	Sh. Babu Ram	GSSS Rait	10 <sup>th</sup>
40.	Anshika	Sh. Kuldeep	GHS Dodhamb	9 <sup>th</sup>
41.	Goldi	Sh. Pawan Kumar	GHS Dodhamb	9 <sup>th</sup>
42.	Yatin	Sh. Rajinder Kumar	GHS Prei	10 <sup>th</sup>

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# **PROCEEDINGS OF EVENT**

## **ONE DAY 21<sup>ST</sup>, JULY, 2023**

The inaugural of the one day summer camp commenced with the lighting of the lamp ceremony followed by floral welcome and badge ceremony. Asst. Prof. Anish Korla welcomed the chief guest.

***Executive Director Dr. B.S. Pathania was the chief guest.***

He urged the students to train and harness the power of mind to achieve optimum output and balance in life. He conducted a session on yoga & meditation for mental and physical well being. Students introduced themselves before start of the events.

**SPECTRUM** is an interactive, fun and experiential learning initiative for igniting the minds of the students of 8<sup>th</sup> to 10<sup>th</sup> class. The theme for the free two-day summer camp is 'Youth Leadership, Empowerment and Transformation'. As many as approximately 50 students across government school participated in Spectrum-2023. A well rounded one day summer camp endeavored to equip students with skill sets to become creative, dynamic, productive and confident individuals.

It provides a perfect opportunity for students to secure lifelong excellence and nurture their power of reasoning, analytical skills, decision-making, social and emotional skills, confidence building and Human values - all in an atmosphere of creativity and enrichment. The core ingredients of one day Summer Camp comprised development of Life Skills, Yoga & Meditation for Mental & Physical Well Being and Holistic Development Goal Setting, Self - Discovery and Awareness, Time Management- Mantra 4 Success, Power of Communication, Motivational Stories, IT and its Importance for Students,

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Brain Science & Memory Management.

The anagram stands for S-Self Empowerment ,P-Positive Attitude E-Exploration , C-Competitiveness, T-Transformation ,R-Radiance, U-Upskill ,M-Mindfulness

The day started with an Interactive and rejuvenation session was taken by the Chief Resource Person Cum Chief Guest Dr. B.S. Pathania on Yoga & Meditation for health well being, Mr. Atul Rana on Mind Tricks & Brain Science. After this session on mind and well being was conducted by Dr. B.S Pathania. After that a session on Goal Setting was engaged by HOD BCA Mr. Rajesh Rana in which students of different Govt. schools asked them question on goal setting for success in future. The enriching summer camp also comprised of empowering presentations by faculty members of B.Ed., BBA & BCA on Self- Awareness and Self- Branding, Time Management. Power of Effective Communication, Mind, Memory and The importance of IT for students.

The event concluded with the proposing the vote of thanks by Asst. Professor Mr. Anish Korla. Winners posed for the Group photograph. A sumptuous lunch was served to the participants at the conclusion of the one-day summer camp.

A one-day summer enrichment camp , SPECTRUM-2023 for 8th to 10th class students came to a fitting conclusion with the announcement of Spectrum Shining Star -2023. **Ms. Samriti class 9<sup>th</sup> from Govt. S.S. School Shahpur emerged the winner of the coveted SPECTRUM-SHINING STAR Award at Spectrum 2023** in a glittering valedictory ceremony. Executive Director Dr. B.S. Pathania was the chief guest. **Mr. Harshit class 10<sup>th</sup> from Govt. S.S.S Rait bagged the SPECTRUM-DAZZLER Award** whereas **Khushi class 8<sup>th</sup> from Govt. S.S.S Shahpur was honored with SPECTRUM-FLASH award** and **Mr. Aryan class 10<sup>th</sup> from Govt. S.S.S Rait won the outstanding**

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students award.

Title of Award	Name of Student	School Name
Spectrum Shinning Star Award	Samriti	G.S.S.S Shahpur
Spectrum Dazzler Award	Harshit	G.S.S.S Rait
Spectrum Flash Award	Khushi	G.S.S.S. Shahpur
Outstanding Award	Aryan	G.S.S.S. Rait
Spectrum Dazzler Award	Harshit	G.S.S.S Rait

## **OUTCOMES**

In this one-day camp following outcomes were achieved-

- The one-day summer camp provided unique opportunities of learning to the participants.
- It provided exposure to wider range of skills: communication skills, team work, analytical thinking, time management, stress management, personality development etc.
- The camp promoted activity based joyful learning.
- The camp developed confidence among students.
- The camp was successful in fostering community linkages.
- Meditation and wellness Program promoted stress management skills among students.

## **SUGGESTIONS**

### **(From Feedback Proforma)**

- Enhanced Spoken English activities should be organized.
- Strength of participants to be enhanced.
- Focus should be on fun-based learning activities.
- Confidence Building Activities

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# **GLIMPSES OF THE EVENT**



## **INTRODUCTORY SLIDE OF THE EVENT**



## **CHIEF GUEST OF SPECTRUM 2023 INTERACTING WITH STUDENTS ON YOGA AND MEDITATION, HEALTH WELL BINGNESS**

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**A SESSION ON GOAL SETTING TAKEN BY**  
**MR. RAJESH RANA (HOD BCA)**



**A SESSION ON TIME MANAGEMENT AND MANTRA**  
**FOR SUCCESS TAKEN BY**  
**MR. MUKESH SHARMA (HOD BBA)**

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# **FUN ACTIVITY**



**PARTICIPENT GIVING THEIR PARTICIPATION IN FUN  
ACTIVITY**

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**AN INTERACTIVE SESSION TAKEN BY MR RANAJAN CHOUHDARY ON THE IMPORTANCE OF INFORMATION TECNIOLGY**



**MR. ATUL TAKING THE SESSION ON POWER OF MEMROY AND BRAIN SCIENCE**

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**AN EFFECTIVE SESSION TAKEN BY**  
**ASST. PROFESSOR ANISH KORLA ON THE**  
**POWER OF COMMUNICATION**



**CHIEF GUEST FACILITATING PARTICIPENT DURING**  
**VELEDICTORY SESSION**

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**GROUP PHOTOGRAPH OF ALL THE  
PARTICIPANTS AT THE END OF THE EVENT  
SPECTRUM -2023**

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# SPECTRUM-2023

## DRONACHARYA PG COLLEGE OF EDUCATION, RAIT

21<sup>ST</sup>, JULY, 2023

S-Self empowerment-Positive Attitude,E-Exploration,C-Competitive,T-Transformation,R-Radiance,U-Upskill,M-Mindfulness

### FEEDBACK PROFORMA

Student's Name \_\_\_\_\_ Class \_\_\_\_\_

School's Name \_\_\_\_\_

1. What was your impression about one-day Summer Camp SPECTRUM-2023? \_\_\_\_\_

2.(a) What events/sessions did you like the most during the one-day Summer Camp SPECTRUM-2023?

Yoga & Meditation  Explore Fun game  Edic maths  cture story

Personality development  Dance  Painting  lling Mode  IT Se  ssio  Career g  ance uid

Leadership and Goal setting  Fun activity  n Science  Brai

Any other \_\_\_\_\_

b) Do you want to participate in summer camp SPECTRUM next year? What activities did you actively participate in? Specify.

3. What did you learn during two-days summer Camp?

What knowledge and skills have you improved in two-days summer camp? Communications skills  leaders  skills   
Healthy  bits  Yoga & M  tation  Confidence  Positive attitude  Creativity work  Goal setting  Fun   
activity

4. Would you like to recommend SPECTRUM-2023 (two-day Summer Camp) to your friends? Suggest activities and events you would like to introduce in the next camp?

5. What promise/resolution are you making to yourself after the one-day summer camp (In percentage)?

Earlier

Target (Mention perce

Are you interested for coaching or training? Yes/No

After the

camp (Mention percen

If yes, then specify the field, Spoken English

exam  Any other  d. (Write here) \_\_\_\_\_

Any suggestions for improvement.

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# **EXPENDITURE DETAILS (SPECTURM)**

<b>Sr. No</b>	<b>Particulars</b>	<b>Quantity</b>	<b>Amount</b>
<b>1</b>	<b>Badges</b>	<b>5</b>	<b>60</b>
<b>2</b>	<b>Refreshment &amp; Lunch for one day.</b>	<b>55</b>	<b>5000</b>
<b>3</b>	<b>Certificates</b>	<b>30</b>	<b>600</b>
<b>Total</b>			<b>5660</b>



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